

Welcome to Helsinki Ringette's ringette and skating school!

Helsinki Ringette Skating and Ringette School is for children aged 3–12 to learn the basics of skating and practice ringette-related skills such as stickhandling and passing. Our goal is to create a warm and encouraging environment where children can learn, try, succeed and fail worry-free. During spring we offer the chance to participate in a friendly day tournament between other ringette schools. From our ringette school it is easy transitioning to a youth team as skills accumulate and interest toward ringette grows.

When and where:

Every Saturday from 11–12 starting January 4th, 2025, until the end of April
At Malmi Indoor Ice Rink, Talttakuja 6

Two free sessions for all newcomers! Inform us of your interest in trying out at our school via email ringettekoulu@helsinkiringette.fi

Pricing:

Spring season as a one-off payment 59€ (total ~17 practices)

A child continuing in the skating school after the free sessions must obtain a ringette license (comes with or without insurance, prices ranging from 10–30€). The children are not insured by the club. The ringette license is purchased via the [Suomisport.fi](https://suomisport.fi) website. We are happy to instruct in buying the license in the locker room.

To continue in the skating and ringette school after the free sessions, register your child to our club's MyClub system [here](#). After creating an account for your child, you are able to sign up for the kids' spring season ringette and skating school.

See you at the rink!

Principal of ringette school Paula Mikkola
ringettekoulu@helsinkiringette.fi

What do you need for ringette school?

The two most important pieces of equipment that are obligatory for all participants, children and instructors alike, are the **helmet** and a pair of well-fitting [skates](#). Along with those, a water bottle and clothing appropriate for sports are important: gloves, a light jacket and a pair of water-resistant pants. It's usually not too cold in the ice rink, therefore a more lightweight or breathable coat is a better choice.

When trying out at the ringette school, no fancy equipment is needed. In the beginning a bicycle helmet and skates, either practice skates or ones meant for figure skating or ice hockey, will do just fine! However, continuing in the ringette school we do recommend investing in equipment intended for ringette/ice hockey, since they are specifically made to endure and give proper protection in our sport. Hockey skates help you learn the sport easier. On top of the mandatory/important equipment we recommend a neck protector, knee pads and a cage/visor (attached to a hockey helmet). These are purchases that can be made later. The club lends ringette sticks to be used on the ice.

Ringette is a skating-based team sport which is most popular in its home country Canada but also here in Finland. The sport has taken big leaps in skill level and the intensity of the game in the past few decades, and Helsinki Ringette, along with many other clubs, wish to expand the popularity and possibilities of ringette. Our club's youth teams are divided by age with each team usually consisting of two subgroups playing in their own divisions. To learn more about ringette as a sport and about ringette in Finland, you can check out the website of the Finnish ringette association [here](#) (unfortunately the website is currently only available in Finnish).

How to buy the ringette license:

Open the link Suomisport.fi

--> log in/sign in

--> purchase a license/pass

--> select a person (my child)

--> search for the sport: ringette

--> select a license (**LK1** if born **before** 1.1.2012 or **LK2** if born **on or after** 1.1.2012)

--> select a club: Helsinki Ringette ry

--> go to payment.

After purchasing the license we recommend going to your child's MyClub account and adding the license information into the spot LIENSSI-ID/LICENSE-ID.

